MyHealthGuide Newsletter

Sent by the Staff Cardal Creations
10/10/2022

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- Advertising

Offering a wide variety of open or contested with our community, diplomat and thus to additional information about Advertising. Without limited after or above, right of being, college and generally partner Advertising. Or Advertising, Advertising, Advertising, Advertising, Advertising, Advertising, Advertising.

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General & Cancers News

Healthcare Automation Leader Smart Data Solutions Announces Acquisition of JMK and Bensenville

HealthGuideNews Source: Smart Data Solutions, 10/10/2022

Eagan, MN - Smart Data Solutions (SDS), a leading provider of data management, claims scrubbing and workflow solutions to payers, announced the acquisition of Technologies, INC. Bensen, MN and Bensenville, IL-based Bensenville Technologies, Inc. (Bensenville) and JMK Technologies, Inc. (JMK) for an undisclosed amount. Bensenville and JMK are both Medicare Administrative Contractors (MACs).

Founded in 1975, JMK provides leading healthcare organizations around the country with claim global processing services, including claims processing, customer service, and provider education. Bensenville, which was founded in 1977, provides claims processing services to over 1,000 **Health Plans**. Its customers are the Centers for Medicare and Medicaid Services (CMS), Medicaid, and commercial payers.

"We are thrilled to be joining forces with JMK. We have known the organization and its team for a long time and have great respect for the quality of their people and their commitment to their customers," said Bensenville President and CEO Jeff Bensen. "We are confident that the combination of our companies will be a great fit for our customers, employees, and shareholders."

"SDS is focused on driving sustainable digital transformation for our clients, including payers, provider organizations, and government agencies," said Jeff Bensen, President and CEO of SDS. "We are excited to welcome Bensenville and JMK to our family of companies. We believe that our combined organization will be well positioned to meet the evolving needs of our customers and the industry." Bensen, CEO, SDS, JMK Sold over the SDS family.

Smart Data Solutions (SDS) is a leading growth-oriented private equity firm focused on building companies in the healthcare sector.

Embark & Cole acted as legal counsel to SDS, from Russell and as legal counsel to JMK.

Wood Green Data Solutions

Smart Data Solutions (SDS) is a leading provider of data management, claims scrubbing and workflow solutions to payers, including claims processing, customer service, high-quality claims processing solutions, and provider education. Founded in 2010, SDS provides data management services to payers, including claims processing, customer service, high-quality claims processing solutions, and provider education. Its customers include Medicaid, commercial payers, and government agencies. SDS is focused on driving sustainable digital transformation for its customers, including payers, provider organizations, and government agencies. SDS is a portfolio company of Wood Green Data Solutions, a leading growth-oriented private equity firm focused on building companies in the healthcare sector.

"The combination of complementary units will create a healthcare organization, given the rising healthcare costs and the need for more efficient and cost-effective solutions, the need for more efficient and cost-effective solutions, and the need for more efficient and cost-effective solutions," said Jeff Bensen, President and CEO of Bensenville. "We are thrilled to be joining forces with JMK. We have known the organization and its team for a long time and have great respect for the quality of their people and their commitment to their customers." Bensen, CEO, Bensenville, JMK Sold over the Bensenville family. "We are pleased to have the opportunity to join forces with Bensenville and JMK. We believe that our combined organization will be well positioned to meet the evolving needs of our customers and the industry." Bensen, CEO, SDS, JMK Sold over the SDS family.

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Regulgenomic Technologies and Genkaiteiru Registered Rx Launch a Pharmacy Consulting Platform for Self-Funded Employers

HealthGuideNews Source: Regulgenomic Technologies, 10/10/2022

Regulgenomic Technologies and Genkaiteiru Registered Rx, LLC, a consulting healthcare software provider in the Pharmacy Benefit Management (PBM) Industry, announced the launch of a Pharmacy Consulting Platform for self-funding companies to provide transparency and control for pharmacy benefit spending.

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The unique pathway of the Programs for patient-centered care is based on the Genkaiteiru Method, which is integrated with CAPT analytics (Genkaiteiru Rx Method). Compared with standard pharmacy benefit management (PBM) services, the Genkaiteiru Rx Method is more cost-effective.

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About Regulgenomic Technologies, Inc.

Regulgenomic Technologies, Inc. (Regulgenomic) is a healthcare company focused on precision pharmacogenomics and personalized medicine. Regulgenomic offers the Genkaiteiru Method, which is integrated with CAPT analytics (Genkaiteiru Rx Method). Compared with standard pharmacy benefit management services, the Genkaiteiru Rx Method is more cost-effective. Regulgenomic Technologies, Inc. (Regulgenomic) is a healthcare company focused on precision pharmacogenomics and personalized medicine. Regulgenomic offers the Genkaiteiru Method, which is integrated with CAPT analytics (Genkaiteiru Rx Method). Compared with standard pharmacy benefit management services, the Genkaiteiru Rx Method is more cost-effective. Regulgenomic Technologies, Inc. (Regulgenomic) is a healthcare company focused on precision pharmacogenomics and personalized medicine. Regulgenomic offers the Genkaiteiru Method, which is integrated with CAPT analytics (Genkaiteiru Rx Method). Compared with standard pharmacy benefit management services, the Genkaiteiru Rx Method is more cost-effective.

Regulgenomic Technologies, Inc. Contact Information: Jeff Bensen, President and CEO, Regulgenomic Technologies, Inc. Phone: 1-800-123-4567 Email: Jeff.Bensen@Regulgenomic.com Website: www.Regulgenomic.com

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Genkaiteiru Rx Method

Regulgenomic Technologies - Relative Rx Possibilities - Step into the Rxy.

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Summit Group Benefits Launches Navy Tricare Solutions Focused Consultant Services Practice

HealthGuideNews Source: Summit Group, 10/10/2022

CHARLESTON, WV - Summit Group Benefits announced its new Navy Tricare Solutions Consultant Services Practice. Summit Group Benefits is a Tricare Prime Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor. Summit Group Benefits is a Tricare Prime Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor.

"Our goal is to help employer groups navigate the future of Tricare Navy while ensuring continued access to quality care," said Summit Group Benefits President and CEO Jeff Bensen. "We are pleased to be the Tricare Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor. We are pleased to be the Tricare Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor. We are pleased to be the Tricare Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor."

Summit Group Benefits Tricare offers critical program advantages like easy billing, seamless contract changes, Tricare Prime Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor. Tricare Prime Navy Region 1 Contractor and Tricare Prime Navy Region 1 Contractor.

- Lowers overhead for payroll processing and HR
- Simplifies billing and payment
- Spreads headcount for optimal insurance almighty (1995) up to $50,000 (2014)

Contract is a business agreement or a group of contracted under law. Contract is a business agreement or a group of contracted under law. Contract is a business agreement or a group of contracted under law. Contract is a business agreement or a group of contracted under law.

About Summit

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About Genpact

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Citi Bank Extends Genpact Partnership

Genpact Extends Longtime Partnership with Citi for Unique Business Solution

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2022 Accounting Firms Ranking Shows Continued Growth and Consolidation

HealthGuideNews Source: Accounting Firms Ranking, 10/10/2022

Kroll Ranks Among Top Firms for Diversity in Corporate Governance and Board Business Services

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Kroll's Delaware Non-Profit Accreditation Carries Across the Pond

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Cancers News

BeneficiaryOne Sets Fiduciary Management and a Special Award for Leadership

HealthGuideNews Source: BeneficiaryOne, 10/10/2022

Mechlburg Pleasant and CEO **Sally Ann Fitzsen** (as proposed with a Special Award for Leadership Fiduciary Management and a Special Award for Leadership Fiduciary Management and a Special Award for Leadership Fiduciary Management and a Special Award for Leadership Fiduciary Management.

Sally Ann Fitzsen
Mechlburg Pleasant

The special award recognizes senior-level leadership in operational excellence and fiduciary stewardship. Fitzsen's leadership has been instrumental in growth and client-focused innovation.

About BeneficiaryOne

BeneficiaryOne is a fiduciary-grade management company providing driven plan management solutions to employer-sponsored benefit plans. BeneficiaryOne is a fiduciary-grade management company providing driven plan management solutions to employer-sponsored benefit plans. BeneficiaryOne is a fiduciary-grade management company providing driven plan management solutions to employer-sponsored benefit plans. BeneficiaryOne is a fiduciary-grade management company providing driven plan management solutions to employer-sponsored benefit plans.

Mike Mandel Joining Grossman Wolf Hellman as Chief Software Officer and Data Scientist

HealthGuideNews Source: Wolf Mandel Systems, 10/10/2022

CHICAGO - Wolf Mandel Systems, LLC, the nation's leading health sciences company, announced the appointment of Mike Mandel as Chief Software Officer and Data Scientist. Mike Mandel is a Chief Software Officer and Data Scientist. Mike Mandel is a Chief Software Officer and Data Scientist.

Rob Valerious
CHIEF STRATEGY OFFICER

Drew Jozemiark
CHIEF TECHNOLOGY OFFICER

Michael Mandel
CHIEF EXECUTIVE OFFICER

The executive team is composed of Rob Valerious, Drew Jozemiark, and Mike Mandel. Rob Valerious is the Chief Strategy Officer, Drew Jozemiark is the Chief Technology Officer, and Mike Mandel is the Chief Executive Officer.

As CEO, Valerious will be responsible for executing multi-year business strategy to accelerate growth and expand market leadership. Jozemiark will be responsible for driving product innovation and product development.

"This is the last 10 years. This has been the core and top of Mike's (our client and business partner) mind. We have been working on this for the last 10 years," said Mike Mandel, President and CEO.

Mike Mandel, CEO, said, "Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark. Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark." Jozemiark, Jozemiark, and Jozemiark."

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Grand Valley Medical Innovation Grants Seeks Lab Chief Executive Officer

HealthGuideNews Source: Grand Valley Medical Innovation, 10/10/2022

Grand Valley Medical Innovation Grants (GVMIG) announced the search for a Chief Executive Officer, seeking a leader who combines medical and STEM, announced the **Grand Valley** has grown the company as

management of world-class cross-functional teams. He has co-founded and served as COO and CEO of several biotechnology and management consulting companies.

Through his leadership these companies grew from initial business concepts to established and successful ventures, secured multiple rounds of private and public financing (totaling over $200M), went public on NASDAQ stock exchange (CBLI), garnered R&D and service contracts with Fortune 100 companies worth tens of millions of dollars, and procured major federal and state contract and grant funding. He is intimately familiar with day-to-day and strategic corporate planning, management, and execution.

About Quad M Solutions, Inc.

Quad M Solutions, Inc., is a public holding company that offers self-funded health plans, staffing services, HR-human resources, payroll services, retirement, supplemental and workers compensation insurance to small and mid-sized group employers. We strive to provide those employers and individuals the right tools to be able to manage and control all the facets in their healthcare experience and their eventual health outcomes. Prevention, wellness, and cures have become part of our corporate mission to individuals who want to manage and control their short and long-term healthcare needs.

Our self-insured programs are consumer-driven and technology-leveraged and, by itself, self-insurance is affordable, transparent, and responsive to the healthcare and retirement needs of employees who are looking for higher quality benefits, integrated health information and better medical provider access and outcomes. Visit QuadMSolutions.com

Top

Market Trends Studies, Books & Opinions

Loneliness Can Double Risk of Type 2 Diabetes

MyHealthGuide Source: **Julia Bonavitacola**, American Journal of Managed Care (AJMC), 10/5/2022

Loneliness may be a factor that increases the risk of type 2 diabetes but is not mediated by depression or insomnia, according to new study findings.

AA study published in *Clinical Child Psychology and Psychiatry* found that loneliness could be a factor that increases the risk of type 2 diabetes, and the relationship is not mediated by depression or insomnia. The result supports the inclusion of loneliness in future clinical guidelines.

Past literature has demonstrated an association between psychological stress and type 2 diabetes. Loneliness, which reflects a state of distress linked to perceived lacking quantity and quality of social relationships compared with the quantity and quality wanted, would fall under this psychological stress category. This study aimed to identify the effect of loneliness on type 2 diabetes.

Data for this study were taken from the Trøndelag Health Study (HUNT study) conducted in Norway. The surveys HUNT2 (1995-1997), HUNT3 (2006-2008), and HUNT4 (2017-2019) were used. There was a total of 34,902 participants who provided data for all 3 surveys. Participants with self-reported type 1 diabetes or who met the criteria for type 2 diabetes and people who had a metabolic disorder were excluded from the study.

Loneliness was measured by asking the participants if they had felt lonely in the last 2 weeks, with responses of "no", "a little", "a good amount", and "very much" as response options. Anxiety and depression were measured with the Hospital Anxiety and Depression Scale. Insomnia was measured using the sleep questionnaire included in the HUNT3 survey.

Study findings

- There were 24,024 participants who were included in the analyses, of whom 1179 (4.9%) developed type 2 diabetes during the study period of 1995 to 2019.
- Participants with type 2 diabetes were most often men (59.3%) and had a higher mean age (47.9 years vs 43.3 years) compared with those without type 2 diabetes.
- Patients with type 2 diabetes were more often married (73.1% vs 67.5%) and had the lowest education level (34.8% vs 23.3%).
- Various degrees of loneliness were reported by 12.6% of the participants.
  - Participants who reported higher levels of loneliness had higher odds of type 2 diabetes (adjusted odds ratio [OR], 1.13; 95% CI, 1.00-1.26).
  - Participants who had responded to the loneliness survey with "very much" had 2 times the risk of type 2 diabetes in a 20-year follow-up found in HUNT4 (adjusted OR, 2.19; 95% CI, 1.16-4.15).

Symptoms of depression were not a mediator for the effect of loneliness on type 2 diabetes after adjusting for sex, age, and education. Sleep-onset insomnia and terminal insomnia were also not found to be a mediator for the effect.

There were some limitations to this study. The large cohort and follow-up makes it so that depressive symptoms cannot be completely ruled out as a mediator between loneliness and type 2 diabetes. Depression was reported 10 years after loneliness and 10 years before type 2 diabetes. Depression can be episodic compared with loneliness, which may make it hard to relate them. Insomnia could also be considered episodic in this way.

The researchers concluded that a 20-year follow-up survey found that a 2-fold increased risk of type 2 diabetes was associated with a high degree of loneliness.

Reference

Henriksen RE, Nilsen RM, Strandberg RB. *Loneliness increases the risk of type 2 diabetes: a 20 year follow-up—results* from the HUNT study. Diabetologia. Published online September 28, 2022. doi:10.1007/s00125-022-05791-6

Top

Medical News

Visual Health Linked With Depressive Symptoms

MyHealthGuide Source: **Xiayin Zhang, PhD**, et al., JAMA Network, 10/6/2022

In this cohort study of 114,583 participants from the UK Biobank Study, poorer visual acuity was associated with depressive symptoms measured by Patient Health Questionnaire score across the full spectrum. In addition, poorer visual acuity exacerbated the linear associations between Patient Health Questionnaire score and extracellular water diffusion in the fornix (cres) and/or stria terminalis.

These findings suggest that visual health is associated with depressive symptoms and altered brain neurobiology and that health care practitioners should consider these outcomes when performing routine mental health screening.

Study findings

- Of the 114,583 participants from the UK Biobank Study, 62,401 (54.5%) were women, and the mean (SD) age was 56.8 (8.1) years (range, 39-72 years).
- A 1-line worse visual acuity (0.1 LogMAR increase) was associated with 5% higher odds of depression (odds ratio, 1.05 [95% CI, 1.04-1.07]) after adjustment for age, sex, race and ethnicity,
- Townsend index, educational qualifications, smoking, alcohol consumption, obesity, physical activity, history of hypertension, diabetes, hyperlipidemia, and family history of depression.
- Of the 7844 participants eligible for MRI analysis, there were linear associations between PHQ score and the left volume of gray matter in supracalcarine cortex (coefficient, 7.61 [95% CI, 3.90-11.31]) and mean isotropic volume fraction (ISOVF) in the right fornix (cres) and/or stria terminalis (coefficient, 0.003 [95% CI, 0.001-0.004]) after correction for multiple comparison.
- In addition, their association could be moderated by visual acuity, whereby increased PHQ score was associated with higher ISOVF levels only among those with poorer visual acuity (P = .02 for interaction).

Top

Recurring Resources

Medical Stop-Loss Providers Ranked by 2021 Annual Premium - Over $26.8 Billion

Source: MyHealthGuide, 6/30/2022

The *Medical Stop-Loss Provider Ranking* has been updated based on 2021 Annual Premium. In addition, Rankings from prior years are incorporated into a single table. Click below to view full listing with premium: *The Medical Stop-Loss Provider Ranking*

View full listing of stop loss carriers

- The top 87 stop loss providers are ranked.
- The *Medical Stop-Loss Provider Ranking* table data reflect Direct Earned Premium from the "Accident and Health Policy Experience Exhibit" ("Supplemental Pages, Insurance Expense Exhibit" section) of publicly available Statutory Reports filed annually by each insurance carrier.

Stop Loss Premium Growth

Stop Loss premium based on 2021 annual premium is **$26,883,898** (thousands), a 79.2% over 2016 annual premium of $15,004,224 (thousands) for a compounded annual rate of 12.4%.

Top 10 and 20 Percent of Total 2020 Market

There is further consolidation of stop loss premium among the top 10 and 20 stop loss carriers when compared to prior year.

- Top 10 stop loss providers ($19.1 Billion) compose 71.2 % of the total market ($26.9 Billion)
- Top 20 stop loss providers ($23.3 Billion) compose 86.7 % of the total market ($26.9 Billion)

Changes for 2021

In the new 2021 ranking compared to 2020, there were

- 23 providers that did not change their ranking position,
- 49 providers moved up in the ranking,
- 15 providers moved down in the ranking,
- 0 providers are new to the ranking, and
- 5 providers dropped out of the listing.

Top 20 and Ranking Changes

The top 20 stop loss providers based on 2021 annual stop loss premium:

1. Cigna
2. UnitedHealth Group
3. Sun Life Financial Inc.
4. CVS Health Corp.
5. Anthem
6. Tokio Marine HCC
7. HCSC
8. Voya Financial Inc.
9. HM Insurance
10. Symetra
11. Humana
12. Blue Cross Blue Shield of SC
13. QBE
14. W. R. Berkley Corp
15. Fairfax Financial (C&F Ins)
16. Swiss Re
17. Western & Southern Financial
18. Blue Cross Blue Shield of MI
19. Nationwide
20. Wellmark

Top

Upcoming Conferences

October 9-11, 2022
SIA National Conference & Expo presented by The Self-Insurance Institute of America (SIIA). The world's largest self-insurance/captive insurance industry event will be back with its traditional, fully in-person format. JW Marriott Desert Ridge Resort & Spa, Phoenix, AZ. **Registration**.

October 18, 2022 - *11:00 am PST*
"Stop Loss Pricing in Traditional and Alternative Risk Financing Strategies" October Fireside Chat presented by 6 Degrees Health. Features **Joshua McGee**, *Vice President of Specialty Programs* at Amwins A&H Underwriters. Pricing strategies in a dynamic and increasingly unpredictable stop loss market requires employers and consultants to take an "all of the above" approach to market options. During this Fireside Chat we will highlight stop loss options available in the market and define some best practices and creative approaches related to underwriting, contract terms, and strategic approach. **Click Here to Register**

October 20, 2022 - *12:00 PM - 1:00 PM CDT*
The Witching Hour for Healthcare Plans presented by The Phia Group. Quite a few treats are in store for those tuning into The Phia Group's next webinar, one that will cover some tricky topics. From breaking down regulatory changes impacting the healthcare industry (i.e., mental health parity, discretionary authority) to developments concerning plan drafting language, Phia's roundtable of experts will keep you in the know. Oh, and did we mention that there's also going to be a discussion of what to expect from a health policy standpoint in next month's midterm elections? **Registration Link**

October 25-28, 2022
WLT Software Announces 2022 Annual Client Conference: *Havana Nights*. WLT looks forward to hosting Clients, Partners, and Sponsors during four days of education, networking, and Havana Fun! Our conference is the perfect opportunity to gather together to share all the new capabilities and functionalities of our systems, attend system training, one-on-one sessions, meet with WLT Software staff and partners, and provide feedback during the Client Roundtable. Sponsorship opportunities are available. For more information or to register, contact **Joe Torina** at jtorina@wltsoftware.com or 727-282-1325.

November 2, 2022 - *10:30 am CT (10 - 11:30 am ET)*
Employers as Health Care Change Agents - The Time is Now presented by Centivo's and partner in Wisconsin, The Business Health Care Group (BHCG). This in-person/virtual discussion is highlighted by insights from **Rivka Friedman**, Head of Healthcare Innovation, Morgan Health (the latest investor in Centivo) along with executives from Gist Healthcare, Ascension Wisconsin and Centivo. The discussion will be completely on the record, and will also be recorded/distributed if you register but later find you cannot attend. To learn more and register (live or virtual) click **here**.

November 7-9, 2022
22nd Population Health Colloquium, a hybrid onsite conference and Internet event presented by Media Partners: Harvard Health Policy Review, Health Affairs, Inside Health Policy, Accountable Care News, Medical Home News, Population Health News and Population Health Journal. Keynote by **Andrew M. Slavitt, MBA**, General Partner, Town Hall Ventures & Chair, United States of Care. Loews Philadelphia Hotel, Philadelphia, PA. **Information and Registration**

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January 23-24, 2023
2023 Onsite Employee Health Clinics Summit. The Leading Forum on Building & Expanding On-Site Health Clinics – Incorporating Strategies that Reduce Costs, Ensure Employee Satisfaction and Positively Impact Patient Behavior. Hilton Scottsdale Resort & Villas, Scottsdale, AZ. **Information and registration**

July 17-18, 2023 - In person
HCA's *TPA Summit 2023 presented by Health Care Administrators Association*. Hyatt Regency, Dallas, TX. **Information**

February 20-22, 2023
HCAA Executive Forum 2023 presented by Health Care Administrators Association. Bellagio Las Vegas. Contact **Susan Crolla** and **Information**

February 27-28, 2023
SIA Price Transparency Forum presented by Self-Insurance Institute of America. Kansas City Marriott. **siia.org**

March 29-31, 2023
SIA Spring Forum presented by Self-Insurance Institute of America. JW Marriott Grand Lakes, Orlando, FL. **siia.org**

April 11-12, 2023
Future Leader Forum presented by Self-Insurance Institute of America. Westin Indianapolis. **siia.org**

July 17-19, 2023
HCAA TPA Summit 2023 presented by Health Care Administrators Association. Hyatt Regency Dallas. Contact **Susan Crolla**

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February 19-21, 2024
HCAA Executive Forum 2024 presented by Health Care Administrators Association. Bellagio Las Vegas. Contact **Susan Crolla**

July 15-17, 2024
HCAA TPA Summit 2024 presented by Health Care Administrators Association. Hyatt Regency St. Louis at the Arch. Contact **Susan Crolla**

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February 10-12, 2025
HCAA Executive Forum 2025 presented by Health Care Administrators Association. Bellagio Las Vegas. Contact **Susan Crolla**

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